**Durham Condominium Corporation No. 19**

**Fitness Centre Rules**

The following guidelines, rules and regulations have been developed for the pleasure and safety of residents while using any part of the Facility. Revisions to these rules and regulations may be made as the need arises. The Facility is a private club for use by the owners and residents of D.C.C. No. 19 only.

The fitness center is open daily from 6:00 am to 11:00 pm and access is granted via key fob.

* Children under sixteen (16) years of age are not permitted to use the Fitness Center nor are they permitted to accompany an adult while the adult is using the Fitness

Center.

* Residents/Owners/Guests must familiarize themselves with gym equipment to insure safe and proper operation. Fitness equipment is used at the user's own risk. Equipment to only be used as intended as per diagram on machine.
* All guests, to access any part of the Facility, must be accompanied by and remain with the resident. It is the responsibility of each resident to familiarize his/her guest with all the rules and regulations of the Facility. Each resident is responsible and liable for all actions of his/her guest.
* There is a limit of 1 guest per suite permitted in the Fitness Facility.
* The Corporation, its Trustees, agents and employees assume no responsibility for any accident or injury incurred in connection with the use of the fitness center or for any loss or damage to personal property.
* Each user is requested to wipe off the equipment after each use. Cleaning supplies are provided. The use of sweat towels in the gym is mandatory.
* [Pets](http://www.ellipsecondo.ca/condo-rules/mascot-regulations.html) are not allowed in the recreation centre at any time.
* No food is permitted in the Fitness Center. Plastic water/beverage bottles with a lid or controlled spout are permissible.
* Electronic equipment (like MP3 players and radios) must be used with earphones and must not disturb other people in the center.
* Notify the Management office or Superintendent, if any equipment is not functioning properly.
* Appropriate workout attire (including proper shoes and shirts) is required when using the center.
* There is a limit of **30 minutes** on the use of any one piece of equipment. Only if others are waiting.
* Please note there is a telephone located on the inside wall of the gym facility. It allows the ability to dial 911 in the case of an emergency. No other calls can be made or received from this phone.

**Penalties for Non-Compliance**

The Board of Directors and employees of D.C.C. No. 19 reserves the right to suspend the privileges of anyone who does not follow the Facility's rules, regulations and/or the general safety considerations.